



Springfield Pulmonary Medicine & Sleep Clinic

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Pulmonary Function Test (PFT)

A Pulmonary Function Test (PFT) has been ordered for you. Please follow the instructions below to prepare for this test or your test will need to be rescheduled and this will delay us getting your results.

For the 4 hours before your test:

- **No caffeine**
- **No breathing medicines or inhalers**
- **No smoking or nicotine patches**

If you are on oxygen, use NO oxygen 1 hour before test.