



Springfield Pulmonary Medicine & Sleep Clinic

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Computerized Tomography (CT Scan)

Computerized Tomography (CAT) uses a series of X-ray images and computer equipment to visualize the internal organs, soft tissues, blood vessels and bones of the body in a way not generally seen on normal X-rays. In just seconds, the technologist can obtain hundreds and even thousands of images as thin as a credit card from a single scan.

What to expect:

If a CT scan has been ordered for you, we will ask you when you check out of the office if there are particular dates and times that work best for you. We will contact you, usually within 24 hours, with the date and time of your test. Please write it down and put it on your calendar so you don't miss it!

Date: _____ Time: _____

To Prepare for your scan:

- Drink plenty of clear liquids in the 24 hours leading up to your test.
- On the day of your test, do not eat or drink 2 hours prior to your exam.
- Please arrive 15-20 minutes before your scheduled appointment time and go to Patient Registration. If blood work is needed before your exam, they will guide you to the lab. If not, you will be sent directly to Medical Imaging.
- It is helpful to arrive for your exam with loose fitting clothing free of any metal.